

Cornford House Sample Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice
Full glass of water given with early morning medication							
Breakfast	Cereals/porridge Fruit juice Toast Preserves Tea/coffee Prunes/fruit	Cereals/porridge Fruit juice Toast Preserves Tea/coffee Prunes/fruit	Cereals/porridge Fruit juice Toast Preserves Tea/coffee Prunes/fruit	Cereals/porridge Fruit juice Toast Preserves Tea/coffee Prunes/fruit	Cereals/porridge Fruit juice Toast Preserves Tea/coffee Prunes/fruit	Cereals/porridge Fruit juice Toast Preserves Tea/coffee Prunes/fruit	Cereals/porridge Fruit juice Toast Preserves Tea/coffee Prunes/fruit
Water and fruit squash available throughout the morning in residents' lounges							
Mid - morning	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits
With water / fruit squashes and tea or coffee served after meal							
Lunch	Beef casserole, potatoes, Cauliflower peas. Jam sponge pudding and custard	Lasagne, garlic bread carrots and broccoli. Banana custard	Liver and onions mashed potatoes, green beans and swede. Bread and butter pudding	Chicken supreme and rice, sweetcorn and spinach Peach melba	Fish, chips and peas/fish in butter sauce, potatoes, tomatoes and peas Rice pudding	Shepherds pie, potatoes, carrots and cabbage Fruit flan and cream	Roast beef, roast potatoes, sprouts and parsnips Mandarin Cheese cake
Water and fruit squash available throughout the afternoon in the resident's lounges							
Mid – Afternoon Tea	Tea or Coffee Water or squash Biscuits/cake	Tea or Coffee Water or squash Biscuits/cake	Tea or Coffee Water or squash Biscuits/cake	Tea or Coffee Water or squash Biscuits/cake	Tea or Coffee Water or squash Biscuits/cake	Tea or Coffee Water or squash Biscuits/cake	Tea or Coffee Water or squash Biscuits/cake
Evening Meal	Soup, Salmon fishcakes Assorted sandwiches Cake/fruit	Soup, Omelet Assorted sandwiches fruit/ice cream	Soup, Cold meats and salad. Assorted sandwiches Cake/fruit	Soup, fish fingers Assorted sandwiches Fruit/jelly	Jacket potatoes and cheese Assorted sandwiches fruit/yoghurts	Soup, Tuna salad Assorted sandwiches Cake/fruit	Soup, Sausage rolls Assorted sandwiches Cake/fruit
Late Evening	Milky drink Sandwiches biscuits	Milky drink Sandwiches biscuits	Milky drink Sandwiches biscuits	Milky drink Sandwiches biscuits	Milky drink Sandwiches biscuits	Milky drink Sandwiches biscuits	Milky drink Sandwiches biscuits
Water jugs available in clients' rooms during the night. Hot drinks & biscuits offered if clients wake during night.							