

**CORNFORD HOUSE
PRE-ADMISSION ASSESSMENT
RESIDENT: Mrs Example**

COMPLETED BY: Mrs Roxana Rosca, General Manager

BACKGROUND:

Mrs Example (d.o.b.1/11/1910) has been living alone but has been experiencing decreased mobility and has suffered one fall. She now requires 24 hour care.

SOCIAL HISTORY:

Mrs Example had been living in her own flat. Her daughter is very supportive and lives locally.

PAST MEDICAL HISTORY:

- Osteoporosis
- Myxodoema

PROPOSED CARE PLAN:

Activity Of Daily Living	Current Situation (Now)	Objective	Proposed Care Plan (Prescription)
Body Temperature	Mrs Example apparently has no problems in this area. She is able to make her needs known and is able to request environment changes.	To maintain a stable body temperature	To provide a warm, well ventilated environment. To encourage Mrs Example to request any changes required.
Breathing	Mrs Example has no problems in this area currently	To maintain health	Monitor any changes and report to GP if any problem
Communication	Mrs Example is fully able to communicate her needs. She has full understanding. Hearing appears to be good. She wears spectacles during the day. Eye sight is poor.	To maintain effective communication	Spend time chatting to Mrs Example to learn about her and her needs. Encourage her to mix with other clients and develop new relationships.
Dying	Not discussed at pre admission assessment		

Activity Of Daily Living	Current Situation (Now)	Objective	Proposed Care Plan (Prescription)
Elimination	<p>Has supra pubic catheter in situ.</p> <p>Suffers from extreme constipation.</p> <p>Be aware that Mrs Example becomes very confused when constipated.</p> <p>Able to ask for commode for bowels.</p> <p>Sleeps on incontinence sheets and pads for dignity.</p>	To maintain level of continence and prevent constipation.	<p>Provide regular bladder washouts for catheter.</p> <p>Provide assistance for transfers on to commode when she requests.</p> <p>Encourage fluids +++ and ensure all aperients given to avoid constipation.</p>
Hygiene	<p>Mrs Example does not like male carers and will refuse care from them.</p> <p>She requires assistance with all aspects of hygiene from 2 carers.</p> <p>She likes to shower twice weekly.</p> <p>Mrs Example has very dry skin which requires emollients several times daily.</p> <p>She wears dentures.</p>	To maintain high standard of hygiene.	<p>Provide 2 carers to assist Mrs Example with all aspects of personal hygiene.</p> <p>Ensure she receives 2 showers per week.</p> <p>Apply aqueous creams to all skin regularly.</p> <p>Clean dentures while in her mouth.</p> <p>Female carers only.</p>
Medication	<p>Mrs Example has asked us to administer her medicines because of her poor eyesight.</p> <p>Medications: thyroxine, iron supplements and diuretics.</p> <p>Aperients for constipation.</p>	To maintain usual medication regime.	Administer all medications as prescribed by Mrs Example's GP
Mental Well Being	Confused at times, especially when constipated.	To maintain stable level of mental wellbeing.	<p>Observe for signs of confusion and check for constipation.</p> <p>Encourage her to join in activities to avoid boredom.</p>
Mobility	<p>Mrs Example is a large lady who requires full body sling and hoist for all transfers.</p> <p>At home she is nursed in bed but would like to sit out in chair during the day.</p>	To maintain safe transfers.	<p>Use 2 carers and overhead hoist with full sling for all transfers.</p> <p>Encourage her to spend time sitting in wheelchair or reclining chair.</p>

Activity Of Daily Living	Current Situation (Now)	Objective	Proposed Care Plan (Prescription)
Nutrition	Mrs Example is a large lady who does not know her weight. She eats a normal diet and has no preferences. She requires assistance with feeding. She uses a beaker with 2 handles for drinks and likes blackcurrant in large quantities.	To maintain health.	Assist Mrs Example with all meals and snacks. Ensure that she has adequate supplies of water and blackcurrant available at all times to prevent constipation and maintain potency of catheter.
Pressure Care	Mrs Example has no broken areas currently. She sleeps on a deep cell alternating air mattress. Uses various creams to moisturise skin.	To maintain skin integrity and prevent pressure injuries.	Provide assistance with all aspects of feeding both meals and snacks. Offer choice and ensure adequate fluids.
Safe Environment	Mrs Example is at risk of falling. She is currently smoker.	To maintain Mrs Example's safety	Ensure that Mrs Example is hoisted safely for all transfers. Ensure that she is safe when sitting in chair. Ensure that Mrs Example is assisted to outside the home to smoke.
Sleeping	Mrs Example does not sleep well. She spends much of the night watching television.	To continue a usual sleep pattern.	Allow Mrs Example to sleep according to her usual sleep pattern at home. Allow her to watch TV or listen to music.
Social Interaction	Mrs Example gets little chance to socialise at home so is looking forward to coming into the home	To encourage social interaction.	Encourage her to get out of bed into her wheelchair and socialise with other residents and staff.

We agree that Mrs Example needs 24 hour nursing care and we can confirm that we would be happy to have her as a resident at Cornford House Nursing Care Unit

Mrs Roxana Rosca
General Manager